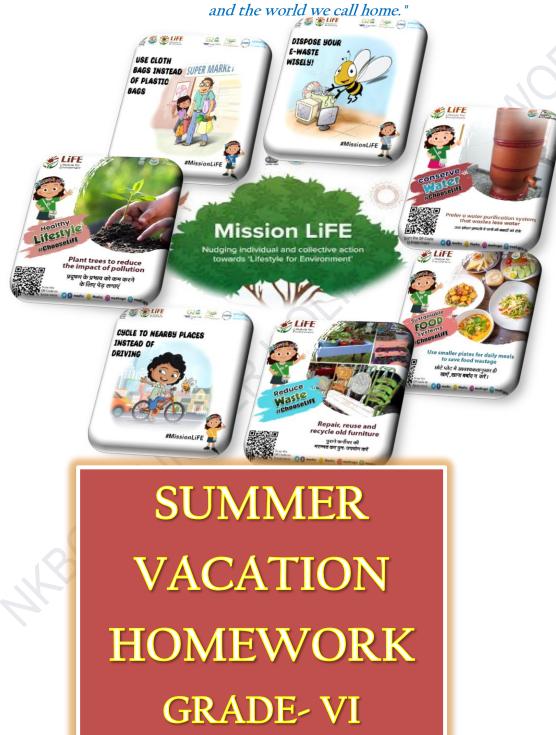


# N K BAGRODIA GLOBAL SCHOOL

SECTOR-17, DWARKA, NEW DELHI

Caring for our bodies and nurturing our planet are intertwined journeys. As we strive for better health, let us tread lightly on the Earth, embracing sustainable choices that honor both ourselves



# Dear Students,

Summer offers a precious opportunity to unwind, explore, and engage in activities that bring you joy and fulfillment. Whether you are planning to travel, spend time with family and friends, or pursue personal interests and hobbies, make the most of this time. Embrace new experiences, challenge yourself, and take time to reflect on your growth and accomplishments.

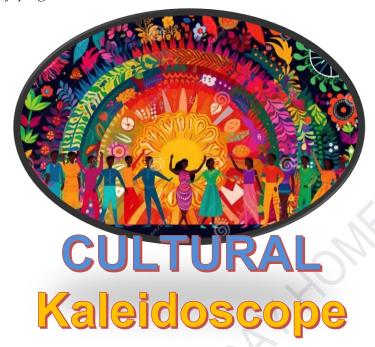
Remember while you enjoy your vacations, don't forget to prioritize self-care and mental well-being. Take time to disconnect from screens, spend time in nature, and prioritize activities that nourish your mind, body, and soul.

"It is through unity that we can create a better world for future generations."

Here are some pointers to keep in mind for maintaining good health, and hygiene, and balancing academics with play during the summer break –

- **Stay hydrated**: Carry a reusable water bottle wherever you go, to ensure you drink enough water throughout the day.
- **Eat fresh and healthy:** Visit your local farmer's market for seasonal produce, and try incorporating fruits like watermelon and berries into refreshing snacks.
- **Embrace nature:** Take a digital detox and spend time outdoors without electronic devices, focusing on activities like birdwatching or cloud gazing.
- **Save Energy:** Use natural cooling methods like cross-ventilation and fans to supplement air conditioning and reduce energy consumption.
- **♣** Super Mental Health: Practice mindfulness and relaxation techniques like deep breathing or meditation to reduce stress and promote overall well-being.
- ♣ Set Academic Goals: Identify specific academic goals you want to achieve during the summer break. Whether it's mastering a challenging subject, improving your grades, or preparing for upcoming exams, setting clear objectives can help keep you focused and motivated.
- **Review and Reinforce:** Take some time to review the material covered so far in the new session. This could include going over notes, and textbooks, or reviewing online resources related to your subjects.
- **↓** Engage in Enrichment Activities: Explore opportunities for academic enrichment, such as summer camps, workshops, or online courses. These activities can help you deepen your understanding of various subjects and explore new areas of interest.
- ♣ Practice Regularly: Keep your academic skills sharp by practicing regularly. Set aside time each day for activities like reading, writing, solving math problems, or practicing language skills.
- ♣ Stay Organized: Develop a study schedule or calendar to manage your academic activities effectively. Break down larger goals into smaller, manageable tasks and track your progress regularly.
- ♣ Balance Work and Play: While it's essential to prioritize your academic goals, remember to balance your studies with leisure activities and relaxation. Taking breaks and engaging in hobbies can help prevent burnout and keep you motivated to hone new skills.

We hope incorporating these pointers into your summer break, can help you maintain and enhance your academic skills while enjoying a well-deserved vacation.



Embracing Diversity, One Culture at a Time -Exploring the Past to Illuminate the Present

As you embark on this adventure, prepare to immerse yourselves in the rich tapestry of human heritage, where every culture is a treasure waiting to be uncovered. From exploring ancient civilizations to celebrating modern traditions, each moment promises a discovery and a deeper understanding of the world. As you delve into the diverse customs, languages, and cuisines that make our world unique, remember that every encounter is an opportunity for growth and appreciation.

So, let your curiosity guide you, and embrace the beauty of cultural diversity with open minds and open hearts. May this summer be a time of exploration, enlightenment, and unforgettable experiences.

Wishing you all a happy summer filled with wonders and discovery!

Warm wishes

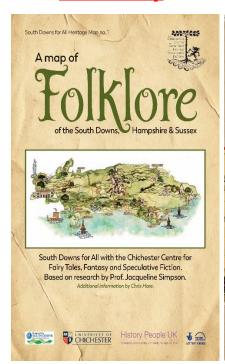
Principal NKBGS

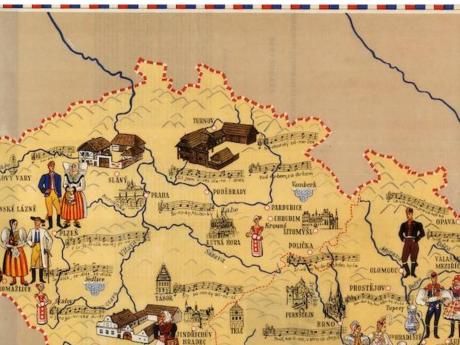
# ENGLISH

Cultural Kaleidoscope Exploration: Journey through Folktales & Rich Tapestry of the vibrant cultures!

#### **Roll No. 1 to 18**

#### 1. Folklore Map



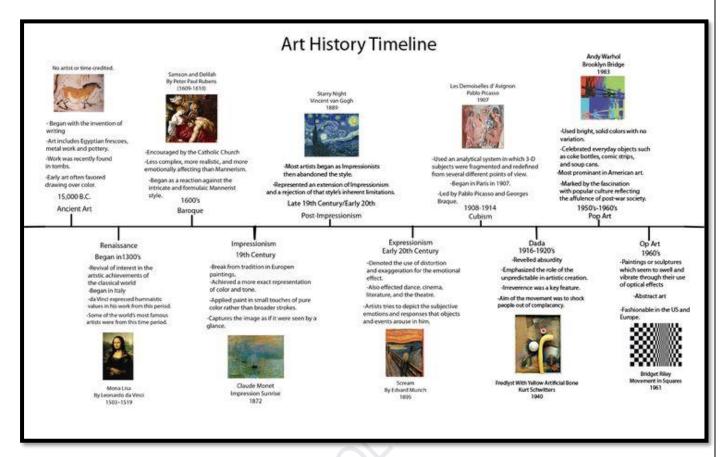


- Choose any one folktale.
- Create a map that highlights the origins of the folktale from India or different country.
- Use A3 sheet.
- Include illustrations or symbols representing the folktale's setting and a brief description of the story's plot. This map will serve as a visual guide to the diverse cultural landscapes of folk storytelling.

#### Roll No. 19 onwards

### 2. <u>Cultural Traditions Timeline</u>

- **Create a timeline** that traces the evolution of cultural traditions over time.
- Choose a specific cultural practice, such as a coming-of-age ceremony, wedding ritual, or holiday celebration, and research its historical roots and modern-day expressions.



- Use visual aids and annotations to illustrate key milestones and changes in the tradition.
- Use A3 size sheet.

#### **Rubrics**

- Relevance to the topic: 2 marks
- Creativity: 2 marks
- Clarity of Presentation: 1 mark



#### रोल नं. 1-18

# भारतीय संस्कृति व आधुनिक संस्कृति की दुनिया

भारतीय संस्कृति भारत की धरोहर रही है और इस संस्कृति से मनुष्य इसी संदर्भ में भारतीय संस्कृति तथा आधुनिक संस्कृति की तुलना सचित्र करते हुए एक परियोजना कार्य करे।

निम्नलिखित बिन्दुओं को ध्यान में रखते हुए कार्य पूर्ण करे:-

\* प्राचीन व आधुनिक परिवेश

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- \* प्राचीन व आधुनिक भोज्य पदार्थ
- \* विवाह संस्कार में तुलना
- \* जन्मदिन मनाने के तरीके में अन्तर







# रोल नं. 19 से अंत तक

### नमस्कार भारतीयों का आधार

नमस्कार अपने आप में एक ऐसा शब्द है जो हमें भारतीय सभ्यता से जोड़े रखता है।

- सभी बच्चे नमस्कार का महत्व दर्शाते हुए हम क्यों नमस्कार करते हैं तथा नमस्कार करने से किस प्रकार की भावनाएं व्यक्त होती है अपने विचार 60 से 70 शब्दों में लिखें ।
- नमस्कार की अलग-अलग मुद्राएं जो अलग-अलग लोगों के द्वारा नमस्कार करते समय 🙏 की जाती है उसका
   पोस्टर बनाएं ।











#### मानदंड ( 5 अंक)

- विषय से संबंधित 1 अंक
- रचनात्मक कार्य 2 अंक
- शुद्ध शब्दावली तथा व्याकरण 1 अंक
- भावनाओं का समावेश 1 अंक

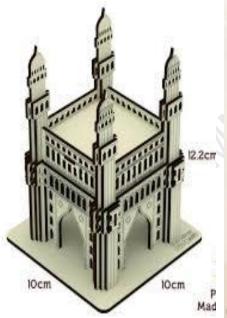
# MATHS

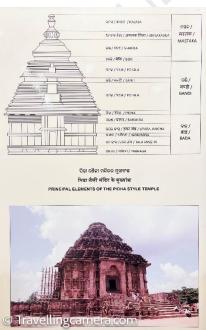
MATH IN MONUMENTS: How Ancient Indians Seeded Symmetry & Science in Construction

**Build a 3-D model** of any **ONE** of the following ancient monuments depicting the mathematical principles used in the same.

Note: (a) Eco Friendly Materials to be used.

#### **ROLL NUMBER 1-18**



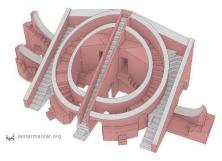


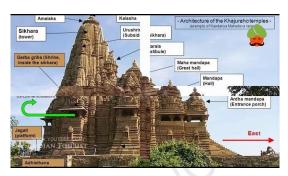


- (a) Chaar Minaar
- (b) Konark Sun Temple
- (c) Virupaksha Temple

#### **ROLL NUMBER 19 onwards**







- (a) Taj Mahal
- (b) Samrat Yantra
- (c) Kandariya Mahadeva Temple

#### **RUBRICS: (5 MARKS)**

- 1) Relevance to the theme (1)
- 2) Creativity and Innovation (1)
- 3) Interdisciplinary Integration (1)
- 4) Concept Clarity and Aesthetic Appeal (2)

# **SCIENCE**

#### (Roll no. 1 to 18)

"Cultural practices and our environment: Exploring how different cultures affect nature"









- **❖ PREPARE A 3D POSTER with 3D miniature artwork made with Aluminium foil, tissue paper, plant leaf etc.**
- Choose a few cultures from different parts of ancient and modern India and look into the practices of each culture and how they interact with nature. Focus on things like:
  - How people get their food (farming, fishing, hunting)
  - How they use resources (water, wood, energy)
  - What kinds of waste they produce (trash, pollution)
  - Any special traditions or ceremonies related to nature

Find examples or stories that illustrate the **environmental impact of these practices**, like how cutting down too many trees can hurt animals or how polluting rivers can make people sick.

# (Roll no. 19 Onwards) CREATE AN INFORMATIVE HANDBOOK FOR USES OF MEDICINAL PLANTS







2. Choose one or more **Medicinal Plants** and describe their physical characteristics. How can they be identified in the wild or cultivated settings?

- Describe the traditional and modern uses of these plants in herbal medicine. You can also include information on ailments they used to treat and any scientific evidence supporting their effectiveness.
- Explore the cultural significance of the selected plants in different regions or indigenous communities. Are there any traditional rituals or ceremonies associated with their use?
- Investigate how these plants have been historically used in traditional medicine systems such as Ayurveda, Traditional Chinese Medicine, or Native American medicine.

#### **RUBRICS-**

RELEVANCE TO THE TOPIC: 2 MARKS

**CREATIVITY: 2 MARKS** 

**CLARITY OF PRESENTATION- MARK** 

## SOCIAL SCIENCE

#### **TASK 1:**

Roll no. 1-18: Creating a Digital Travelogue





#### Roll no. 18 onwards:

#### Prepare a Digital flipbook or scrapbook



Conduct thorough research on any state of India, exploring its geography, history, culture, cuisine, architecture, festivals, languages, and significant landmarks. Utilize various sources, such as books, travel guides, documentaries, and websites, to gather information to provide readers with a deeper understanding of the state's cultural diversity.

#### TASK 2:

- Conduct a comprehensive survey using questionnaires in your neighborhood with people from diverse cultural backgrounds to gather perspectives, on how globalization has influenced their cultural identity.
- Share your findings and reflections, related to changes in their lifestyle, values, beliefs, and perceptions due to globalization using multimedia presentations.

#### **RUBRICS: (5 MARKS)**

RESEARCH AND REFLECTION: 2 MARKS

CREATIVITY: 2 MARKS
PRESENTATION: 1 MARKS

# **SANSKRIT**

## अनुक्रमांक 1 तः 19 पर्यन्तम्

भारतस्य उत्तरराज्यानां विविध उत्सव-वेशभूषा-लोकक्रीड़ानां नामानि अकारांत - आकारांत शब्दानुसारेण लघुसंचिकायाः( कोलॉज ) निर्माणं कुरुत ।



अनुक्रमांक 19 तः अंतिम अनुक्रमांक पर्यन्तम्

भारतस्य दक्षिणराज्यानां विविध उत्सव-वेशभूषा-लोकक्रीड़ानां नामानि अकारांत - आकारांत शब्दानुसारेण लघुसंचिकायाः (कोलॉज) निर्माणं कुरुत ।



# निर्धारित-देयाङ्काः -

शुद्धता - 2

स्वछता- 2

समये - 1